

Sunny Start Social Emotional Training/Technical Assistance Committee Meeting Summary

Meeting Date: Wednesday, January 13, 2010 – 10:00 am – 12:00

Location: Riley Outpatient Conference Center Room B

Committee Chair: Stephan Viehweg and Angela Tomlin

List of Participants: Sharon Griffith, Jan Katz, Kevin Porter, Lynne Sturm, Angela Tomlin, Stephan

Viehweg, Dianna Wallace, Lisa Henley, Heike Minnich, Azar Hadadian, Darlene

Kardatzke, Toni Elzy, Zacharias Boukydis

Staff Members: Maureen Greer, Rylin Rodgers, Dr. Judith Ganser, Andrea

Wilkes

Attachments Endorsement Power Point, Healthy Generations and Zacharias Boukydis

Deliverables,

Summary of meeting:

Update on Sunny Start Projects

- Mentorship Program
 - o Originally 12 modules presented monthly for one year.
 - Currently targeting existing mental health providers who are interested in expanding to serve young children. Will be in three sites. Flyer with details attached.
- Continuing Studies Guides
 - Five modules for self-study are online and available at www.iaitmh.org.
 - o These are public and not password protected.
- A module on how a community mental health center can bill Medicaid to support the work related to early childhood mental health will be completed and available this spring.
- Sunny Start will support a speaker at The Institute for Strengthening Families. This year's theme is development, with social emotional development being a topic. Possible speakers include representatives from the Illinois program. Massachusetts and Kansas also have strong models so, they might be possible options.
- Andrea shared some Sunny Start updates:
 - She explained that ECCS funding had been cut but now has been restored to the 130,000 level.
 - Sunny Start fact sheets were recently updated via a partnership with Missy Hahn at OMPP.
 - Wellness Passport has been completed and a possible

- partnership developed with Wellpoint to extend distribution.
 All these resources as available at the Early Childhood Meeting Place. The question if we can track hits by state was raised.
- The Maternal and Child Health needs assessment was conducted to identify 7-10 performance measures that will receive focus for the next five years. Social Emotional ranked 11th and will be considered a performance measure that is in development. Andrea shared a detail sheet as an example of what has to be developed. Committee members are asked to share ideas electronically as to what the language should be. It is key that the performance measure be very specific. Comments should be returned to Angie Tomlin.
- The Sunny Start website redesign is in process.
- The Sunny StartEvaluation Committee has reviewed indicators that will be included in the State of the Hoosier Child Report.
- We are working with Zacharias Boukydis to help us develop a
 certificate program and explore the possibility of the endorsement.
 Dr. Boukydis discussed his experience and presented the activities and
 deliverables that he will provide during the consultation period. We
 discussed how the certificate program may relate to endorsement and
 how both of these would allow Indiana to increase capacity to serve
 the mental health needs of infants and young children and their
 families.
 - The attached PowerPoint by Angie Tomlin explains an endorsement. An endorsement allows providers to demonstrate their capacity and would be available to a broad range of providers. Endorsements are not credit bound can be "housed" at mental health association. A person who has earned a certificate can use it show the knowledge base to get the endorsement. Full information about the MI endorsement can be found at http://www.mi-aimh.org.
 - Interested in knowing more about evaluation of MI endorsement. Dr. Boukydis identified some research about this issue and will provide details to Angie.
 - Several other questions were generated and will be addressed in phone calls to MIAIMH staff.
 - Can MI system be stretched to cover birth to five?
 - Interested in knowing more about history of the MI endorsement.
 - Lends credibility MI model is excellent, up to five is important for Indiana, significant history.
 - Reflective supervision cost has to be considered (can look at Kansas, New Mexico and Illinois). Certificate program will support the development of capacity for reflective supervision.
 - Fee is \$25,000 for Michigan program.
 - What is the cost to create our own?
 - Community mental health centers are key to getting access for families in their home communities.
 - Certificate is focused at the graduate level. This would be

credit bound that could be part of graduate program and for post-graduate professionals to expand their expertise. We hope that his will be part of a university, likely IUPUI.

- Article in Healthy Generations, p34: Bringing Order to the Complexity of Early Experience: The Role of Training in Infant Mental Health, captures some of these differences.
- Zack joined the meeting via Skype from Budapest, Hungary. As a reference the group has a copy of the deliverables memo. Many different certificate programs exist throughout the country and we are in the midst of considering what would be the best core structure in Indiana. It will be important to find a good match for Indiana which would include a post bachelor (master) program, a hybrid in terms of delivery (online and in person) and be interdisciplinary. The development of supervisors and practica sites is key to supporting a program. The timeline for the contract with Zack is through May 31, 2010. Sunny Start has a three-year commitment to this project. It is helpful to develop a certificate program that is responsive to the endorsement process. The IUPUI School of Social Work would be a likely home for a certificate program.

General

Darlene Kardatzke was recently awarded a Lifetime Achievement Award through the Hero in the Fight.

First Steps has chosen an Infant and Toddler Mental Health Association presentation as a Core Training. These will be offered in three different areas of the state. The topic will be self regulation as it relates to behavior. Dates are to be determined.

Next Steps

Will get information about MI program and share information with committee members. Angie talked with Nicole Paradis after the meeting and will plan to talk with Deborah Weatherston in the next couple of weeks.